



CONFERENCE SPEAKERS

Rehearse, React, Recover...The Parkersburg Tornado Story



On May 25, 2008 a violent EF5 tornado with maximum wind speeds of 205 mph swept through Parkersburg, IA leaving a path of destruction 43 miles wide, killing 7 people and injuring 67. This was the second deadliest tornado in Iowa since official record keeping began.

In this presentation, we will see the disaster and the stress it caused through the eyes of three responders: Chris Luhring, Police Chief; Todd Wildeboer, Ambulance Crew Chief; Tammy Fleshner, EMT-I; Jane Morgan, CISM-Iowa; will give us some insight into the role played by CISM in this event and the challenges they faced.

Nebraska CISM Refresher Training - Jack Wineman, Lead Trainer (Assisting Trainers are: Jan Fitts, Jon Kayne, and Theresa Wadkins)



After learning the CISM techniques, it is important to get the experience in using and maintaining the skills necessary to do quality interventions.

This program has been designed to provide participants with direct application and practice of skills of crisis intervention techniques. The program emphasizes a broadening of the knowledge base concerning critical incident stress management interventions as well as the practice of each application. Participants will learn some training techniques and activities that they might use to assist their teams in additional skill building.

Pain Behind the Badge - Clarke & Tracie Paris



Clarke currently works as a uniformed patrol sergeant with Las Vegas Metropolitan Police Department. During his off-duty time he lectures about law enforcement stress as well as the prevention of police suicide. Tracie has been a Registered Nurse for 25 years in the Trauma/ER unit and has some background in Psychology.

Tracie tells how she felt and dealt with finding out that Clarke suffered from cumulative PTSD. She explains how he would come home from work and discuss his job with her. Her portion is so powerful because so many First Responders believe that it will never happen to them because they have a great relationship with their significant other. When they see another person who is in a relationship (a good relationship) and has background in the PTSD arena and still never saw the signs, it is a real eye opener.

The Fireman's Wife - Susan Farren



Susan Farren was born and raised in California. She is a former Oakland paramedic, paramedic instructor, and stand-up comedienne.

In 1995, Susan transitioned out of pre-hospital care and comedy to pursue a career as a full-time wife and mother. She completed her first book *The Fireman's Wife* (Hyperion 2006) after her husband, Dan's, near fatal accident fighting a fire, and is a regularly sought after inspirational speaker. Susan's desire is to support and encourage families of public safety workers who live with the unpredictability of their loved ones career choice and inspire them to walk in faith.

CONFERENCE AGENDA

FRIDAY, AUGUST 28, 2009

- 8:00-8:15 a.m. **Welcome, Introductions, and Announcements** - Dean Cole & Kearney City Dignitary
- 8:15-9:00 a.m. **CISM Program Update**—Jim Harvey & Dean Cole
- 9:00-12:00 p.m. **Rehearse, React, and Recover...The Parkersburg Tornado Story** - Tammy Fleshner, Chris Luhring, Todd Wildeboer, and Jane Morgan
- 12:00-1:30p.m. **Memorial Service LUNCH** (provided)
- 1:30-4:30 p.m. **Nebraska CISM Refresher Training** - Jack Wineman, PH.D - Leader Trainer
Assisting Trainers are: Jan Fitts, Jon Kayne, and Theresa Wadkins
- 4:30-5:30 p.m. **Troop Meetings** (Optional)
- 5:30-8:00 p.m. **Networking Reception/Meet the Speakers** (Hor'dourves provided)

SATURDAY, AUGUST 29, 2009

- 7:45-8:00 a.m. **Welcome Back and Announcements** - Dean Cole
- 8:00-12:00 a.m. **Pain Behind the Badge**—Clarke and Tracie Paris
- 12:00-1:00 p.m. **LUNCH** (provided)
- 1:00-4:00 p.m. **The Fireman's Wife**—Susan Farren
- 4:00-4:30 p.m. **Evaluations and Closing**

CONFERENCE INFORMATION

TRAVEL & LODGING:

Conference participants must make their own travel and lodging arrangements. A block of rooms has been reserved at Ramada Inn until **July 27**. Please mention the CISM Conference when making reservations at this hotel. The Ramada Inn room rate for the conference is: \$65.00/night which includes a hot breakfast. The phone number to the Ramada Inn is 308-237-3141 or 800-652-1909.

CONTINUING EDUCATION:

- CISM Conference Committee has applied for 13.5 contact hours for continuing education for Nebraska licensed mental health practitioners and Emergency Medical Service (EMS) personnel.

QUESTIONS ABOUT THE CONFERENCE:

- If you have any questions regarding the conference, call or e-mail Debbie Kuhn or Julie Smithson.
 - 800-442-3460 x21 (Debbie) Debbie.kuhn@nebraska.gov
 - 888-466-0669 - (Julie) Julie.smithson@nebraska.gov



**Nebraska Statewide Critical Incident Stress Management
Twentieth Annual Conference
August 28 & 29, 2009**

MAIL-IN REGISTRATION FORM

Please check the appropriate line(s):

- PRE-REGISTRATION) (Now - August 14) - \$75
 - PRE-REGISTRATION for one day attendance (Now - August 14) - \$40 Friday Saturday **(please check one)**
 - LATE REGISTRATION (After August 14) - \$85
 - LATE REGISTRATION for one day attendance (After August 14) - \$50 Friday Saturday **(please check one)**
- Registration fee includes: educational materials, lunches, breaks and networking reception.*
- Extra Lunch Ticket(s) for non-registered person(s). (Please include \$10 for each ticket requested.)**

\$ _____ TOTAL ENCLOSED

First Name _____ Middle Initial _____ Last Name _____

Mailing Address _____ City _____ State _____ Zip _____

Home Phone _____ Work Phone _____

E-mail Address _____ Organization _____

Please make checks payable to the ***State Troopers Association of Nebraska (STAN)***.

Please mail this completed form and your payment (sorry no credit cards) to:
CISM Conference
%Julie Smithson
1706 24th Street
Central City, NE 68826

CISM Clothing Items for Sale

We will have a limited number of shirts and hats for sale at the conference. Orders will be taken.

CISM Basic Training

- Oct. 16 & 17, 2009 in North Platte
- Dates, 2009 in Fremont

Watch these websites for more details.

<http://cism.nebraska.edu/> or
www.hhs.state.ne.us/ems/emscalendar.htm



Division of Public Health

P. O. Box 95026
Lincoln, NE 68509-5026



**Nebraska Statewide Critical Incident Stress Management
Twentieth Annual Conference
August 28 & 29, 2009**

**Ramada Inn
301 Second Ave
Kearney, Nebraska 68847**

The conference is brought to you by the Nebraska CISM Interagency Management Committee:
Nebraska Health and Human Services System - Emergency Medical Services Program and the Division of Behavioral Health Services,
Nebraska State Patrol, Nebraska Fire Marshal's Office and Nebraska Emergency Management Agency